



SunSafe

Student Ambassador Program



Zero deaths from melanoma starts with our children.

We are passionate about educating teens about sun safety and we need your help to reach them.

Join our complimentary peer-to-peer learning program

The comprehensive one-day workshop trains representative students in the importance of sun safety and develops their public speaking skills. The students then return to their schools and, using the skills they have learned, are empowered to deliver a sun safety presentation to their peers and champion a sun safety initiative with their school community.

The SunSafe Student Ambassador Program:

- Includes training from a clinician and a presentation skills expert
- Requires minimal input from teachers (we know you're busy!)
- Fulfils PDHPE curriculum outcomes (see over)
- Empowers students to deliver an engaging presentation to their peers
- Helps students to support sun safety practices in their school
- Supports student wellbeing by educating on how to prevent deadly melanoma.

Teachers are invited to bring with them 2-3 students from Years 8 and/or 9 to represent their school in a collaborative learning environment with other local students.

For more information, to view your nearest workshop or to register, visit <https://bit.ly/SunSafe23> or contact us on education@melanoma.org.au



"We all know that students learn best from their peers, which is what makes this program so beneficial!"

PDHPE TEACHER
CONDELL PARK HIGH SCHOOL



"Fabulous opportunity for students to develop critical thinking, presentation and public speaking skills and also vital information on sun safety."

HEAD TEACHER
WELFARE, NBSC, MACKELLAR
GIRLS CAMPUS

An initiative of:



In partnership with:



In collaboration with
Sydney and Northern Sydney
Local Health Districts.

Our **SunSafe Student Ambassador Program** will develop students' skills in a range of areas, fulfil curriculum requirements and support student wellbeing.

Workshop agenda

- ☀️ What is melanoma and why should I care?
- ☀️ Presentation skills 101
- ☀️ Owning the presentation (workshop)
- ☀️ Practice makes perfect
- ☀️ SunSafe: Call to action
- ☀️ Action plan
- ☀️ Melanoma under the microscope

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“I thought it was really engaging and I learnt a lot that I otherwise would not have. The day taught useful skills and important information that I will take with me through the rest of my life.”

YEAR 9 SUNSAFE STUDENT
AMBASSADOR



Self-management skills:

Decision-making,
problem-solving and
help-seeking skills

Interpersonal skills:

Communication,
collaboration,
leadership and social
awareness

Develop
presentation skills
and confidence



Understand
UV and
skin science

Curriculum outcomes

PDHPE Stage 4

- **PD4-6:** Recognises how contextual factors influence attitudes and behaviours and proposes strategies to enhance health, safety, wellbeing and participation in physical activity.
- **PD4-7:** Investigates health practices, behaviours and resources to promote health, safety, wellbeing and physically active communities.
- **PD4-8:** Plans for and participates in activities that encourage health and a lifetime of physical activity.
- **PD4-10:** Applies and refines interpersonal skills to assist themselves and others to interact respectfully and promote inclusion in a variety of groups or contexts.

PDHPE Stage 5

- **PD5-2:** Researches and appraises the effectiveness of health information and support services available in the community.
- **PD5-6:** Critiques contextual factors, attitudes and behaviours to effectively promote health, safety, wellbeing and participation in physical activity.
- **PD5-7:** Plans, implements and critiques strategies to promote health, safety, wellbeing and participation in physical activity in their communities.
- **PD5-8:** Designs, implements and evaluates personalised plans to enhance health and participation in a lifetime of physical activity.

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